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2 How to improve Human Health Protection in Air Quality Policies (DE)

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Different studies have demonstrated the association between high ambient concentrations of particulate matter (PM) and the prevalence of adverse effects on human health. The EU 1999/30/EC Council Directive Relating to Limit Values for Sulphur Dioxide, Nitrogen Dioxide and Oxides of Nitrogen, Particulate Matter and Lead in Ambient Air, established limit values (50 µg/m³) for particulate matter smaller than about 10µm, referred to as PM₁₀, starting from 2001. Furthermore, in the draft Air Quality Directive and Clean Air for Europe report from September 2005, the European Commission recommended the implementation of an annual cap value of 25 µg/m³ for particles with a diameter below 2.5 µm (PM_{2.5}) after 2015. Some recent toxicological studies suggest that the chemical composition of PM, which reflects different source contributions, plays an important role in the associated adverse effects on human health.

European researchers have analysed the chemical composition of PM in two size fractions (PM_{2.5} and PM₁₀) in two different climatic and geographic regions in Europe: Ghent (Belgium) in West Europe, and Barcelona (Spain) in the Mediterranean region. The researchers observed that the composition of PM₁₀ was markedly different in the two sites and in the two seasons, even at similar absolute PM₁₀ levels, owing to regional and climatic factors. Indeed, at similar PM₁₀ concentrations, particulate matter in Ghent (winter) was mainly made up of second inorganic aerosols whereas in Barcelona (summer) the same fraction accounted for approximately half as much. Conversely, in Barcelona mineral matter was the dominant component, whereas in Ghent it only accounted for 9% of the PM₁₀ mass.

When examining the possible approach of subtracting the mineral and the sea-salt fraction from the total PM load in order to calculate the number of cases where established limits were exceeded, the authors observed that the subtraction of the mineral fraction would have the largest impact. Indeed, it resulted in a 27% and 9% reduction of average daily PM₁₀ levels in Barcelona and Ghent respectively, and a 9% and 3% reduction in PM_{2.5} levels. The subtraction of the sea-salt fraction had no effects on PM₁₀ or PM_{2.5} excesses in Barcelona and removed one excess of each size fraction in Ghent.

Original source: M. Viana, W. Maenhaut, X. Chi, X. Querol and A. Alastuey (2007) « Comparative chemical mass closure of fine and coarse aerosols at two sites in south and west Europe: Implications for EU air pollution policies», Atmospheric Environment 41(2): 315-3

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3 Mutagenic Effects of Urban Air Pollutants (DE/EN)

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"Fine particulate matters with a diameter of less than 2.5µm (PM_{2.5}), in particular, have adverse effects on human health because these small size particles are able to go deep inside the alveolar regions of the lungs where blood exchange occurs. The major sources of this pollutant include fuel combustion from automobiles, power plants, wood burning, industrial processes and diesel powered vehicles. Scientists have largely demonstrated the health effects of PM_{2.5}, such as decreased pulmonary function and cardiovascular disease. In the EU, this pollutant causes about 390,000 premature deaths per year (i.e. every year, the life of about 390,000 EU inhabitants is shortened by 9 years due to PM_{2.5} inhalation). Besides these health effects, PM_{2.5} is also a mutagenic agent. However, its mutagenic properties have been little studied."

Italian researchers have evaluated the genotoxic activity of PM_{2.5} in order to identify the mutagenic properties of this pollutant. They sampled airborne particles in Turin for 3 years in short distance from high



traffic areas. The samples were then used to perform mutagenic tests using *Salmonella typhimurium*, a bacterium that is well known for its hyper-sensitivity to mutagenic and carcinogenic agents. The monthly mean concentration of PM_{2.5} in the air over the 3 years was 48.76 µg/m³, which is high compared to the annual mean concentration of 15µg/m³ set by American legislation. Winter concentrations are up to 3 times higher than summer values. In winter, mutagenic activity is up to 8 times higher than in summer. PM_{2.5} concentrations are correlated with the mutagenic activity. They observed a month by month and year by year variation in the results of the mutagenic activity test and suggest that the composition of mutagen compounds in airborne particles may vary depending on the atmospheric conditions.

Overall, the researchers suggest that these findings could be useful for evaluating the risk of cancer due to air pollution in order to improve the precautionary measures taken, especially in urban areas. In the Thematic Strategy on Air Pollution¹, the European Commission proposed to set the PM_{2.5} concentration limit at below 25µg/m³. The results of this study could provide new insights into the choice of such a limit.

Original source: G. Gilli et al. (2007) « The mutagenic hazards of environmental PM_{2.5} in Turin », *Environmental Research* 103:168-175.

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4 Air Pollution May Up Fatal Stroke Risk (CBS News 15-Feb-2007) (DE/EN)

By Miranda Hitti (CBS News)

(WebMD) Fine particles in air pollution may raise fatal stroke risk in people aged 65 and older during warm months.

So say experts including Jaana Kettunen, MSc, of Finland's National Public Health Institute. Kettunen's team studied fatal stroke risk and air pollution among people 65 and older in Helsinki, Finland's capital. The study, published in *Stroke*, shows a rise in fatal stroke risk among people 65 and older on warm days when the air was laden with fine particle pollution. Based on the findings, Kettunen offers some advice in an American Stroke Association news release. "We suggest that on high pollution days, elderly people should avoid spending unnecessary time in traffic, whether in a vehicle or walking, especially if they suffer from cardiovascular diseases, to lower their exposure to pollutants," says Kettunen. "They should also avoid heavy outdoor exercise on high pollution days, and nursing homes, for example, should not be built along heavily trafficked roads, where particle concentrations are at their highest."

Study Details

Kettunen and colleagues studied air pollution and fatal stroke in metropolitan Helsinki – where about a million people live – from 1998 to 2004. During those years, 3,265 people 65 and older died of stroke in metropolitan Helsinki, the study shows. Most of the deaths – 1,961 – occurred during the cold months of October to April. The other 1,304 deaths happened during Helsinki's warm season, May to September. The researchers also checked Helsinki's outdoor air pollution levels during the months. Data came from pollution-measuring stations around Helsinki. Kettunen's team paid special attention to fine particles. Fine particles mainly come from combustion engines and have been suggested to be "especially harmful," write the researchers.

Pollution and Fatal Stroke Risk

Although stroke deaths were most common during the cold season, the mix of warm weather and pollution may have upped fatal stroke risk. When outdoor levels of fine particle pollution were high, fatal stroke risk rose – but only during Helsinki's warm season. High levels of fine particle pollution weren't linked to fatal

